



HELP ME GROW
Home Visitation
Program
Lake County



Are you pregnant with your first child ?

Is your first child currently under the age of 6 months old?

Would in –home support for parenting and child development help you?

Catholic Charities ' Help Me Grow Home Visitation program provides services that promote children's growth and development and supports families during the important, early years of a child's life.



Providing Help. Creating Hope.

www.ccdcle.org

Help Me Grow Home Visitation is **FREE** and designed to support pregnant women and families with children ages 0-3.

Services include: everything is in your home!

- Prenatal visits to help prepare for your baby's arrival and support a healthy pregnancy
- Ongoing developmental screenings to make sure your child is meeting their milestones
- Help with understanding your child's behavior each month as they grow and change
- New ways to play with and care for your child
- Links to helpful community resources

To make a referral for
for yourself or a loved one, please contact:

Lake County Help Me Grow

Central Intake

440-266-4078

